



Christmas Shopping? Try Spend and Raise and help out FoNR at the same time.

The FoNR e-Store is an online shopping directory featuring hundreds of retailers including John Lewis, Debenhams, Sainsbury's, Marks & Spencer, ToysRUs, Vodaphone, Littlewoods, Boots, ASDA and many, many more.

Each time you shop with these retailers via the FoNR eStore, a commission is generated and given for our cause.

www.spendandraise.com/fonr

Instead of wasting lots of money on Christmas Cards for your friends at Newport RFC matches, why not put that money to better use by supporting FoNR and hence Newport RFC. At the Cardiff match on Friday 21st December we will be printing a list of names in the match programme of everyone who wants to wish their friends and family at Newport RFC a 'Merry Christmas and a Happy New Year'! In return, all we are asking for is a donation of £5 to FoNR.

A great way to raise a few quid, cut down on waste paper and save yourself the effort of writing the cards in the first place. **Bah Humbug!**

See any FoNR committee member or Mary Bennett to reserve a slot in the programme





The Friends of Newport Rugby Trust would like to welcome all the supporters, players and officials of Newcastle Falcons to Rodney Parade for today's BIC fixture. There have been some great games between the two clubs in the past and with both teams flying high in the BIC this should be no different with Newport wanting to keep their 100% win record against the Falcons!

Newport RFC and FoNR are holding a Christmas Party on Saturday 22nd December in the Pen & Wig starting at 7pm.

There will be a buffet on offer and local band 'Got it Covered' will provide the live music for the !

Tickets are £10 each and are available from the players and the FoNR committee.

This promises to be a good social event, so please support it and buy your tickets well in advance so we know how many to cater for.

Win Match Tickets with FoNR!

The Friends of Newport Rugby Trust have teamed up with Rodney Parade Ltd to offer a pair of tickets for EVERY Newport RFC and Newport Gwent Dragons game at Rodney Parade this season. Take a look at www.fonr.co.uk for more details.



**Next Newport RFC home fixture – Principality Premiership:
Friday 21st December 'v' Cardiff (KO 7.15 pm)**

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